

## Fashions

## HER PAGE



## Household



## Problems

## Confessions of a Bride

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THE UNIVERSAL SISTERHOOD  
"Such colossal selfishness!" I exclaimed.  
"That's the secret of such escapades," Martha answered.  
"I don't understand it at all," I said.  
"Neither do I. But I wish I could give the plain facts to vain girls who are tempted by married men. We can exult love in the poetical fashion of the time; and acknowledge that lots of marriages are failures; and that a few husbands and wives would be better off apart; we can swallow all the 1921 theories about the power of the emotions to make or ruin human beings; and still, if we have an atom of sense,



we must agree that the man who fools his wife will fool her rival, and each one of her rival's successors!"  
"The girl who trusts such a man most, loses most."  
"Always. Why, my husband swore upon my heart, 'That girl means nothing whatever to me! I never want to see her again!'"

## THROUGH A WOMAN'S EYES

BY JEAN NEWTON

## SAY IT

"If she had only lived a few years more, so we could have made her life happier!"  
How often do we hear this and how few of us there are who have not at some time or another regretted our seeming neglect of our nearest and dearest; our matter-of-factness and coldness toward those whose hearts we could gladden and whose eyes we could make sparkle with just a word or two of cheer, a little expressed solicitude and concern.  
It is not that we did not care or that we were indifferent. Quite the contrary. If brother or mother had needed us we would have been Johnny on the spot before they could call Jack Robinson. But that is just the trouble. We are wont to inhibit our emotions, to wait for urgent occasions. But emergencies seldom come; life is made up of the little things.  
I know a young married woman who idolizes her father. One cannot know her without knowing of her wonderful "dad." Yet, in spite of her deep, true love for "dad," she rarely gives him a good old-fashioned hug, rarely showers upon him the kisses her husband on-

joys, hardly ever thrills him by those acts of demonstrativeness—acts which, though small, are potent to give pleasure and put sunshine into the sometimes colorless days of this workaday world.  
"Dad" would give a year of his life to bounce Loo (her name is Ellinore, but to "Dad" she will always be Loo) on his knee and make terrible faces and goo-goo eyes and have Loo wrinkle her face in mock fright and ecstatic glee and run her fingers through his thinning hair and pinch his cheeks and break his nose and—glory of all glories—don't let the ants see or hear of this—take a puff or two from his cigar and sputter and cough and laugh and gurgle and clasp him close and squeeze him tight!  
But somehow or other "Dad" can't quite take the initiative. He's disinclined to take the lead, though he would be delighted to follow!  
This would be a far pleasanter place to live in if we would just let ourselves go. If we would give free rein to our impulses of love and regard; if we would daily express the affections we unconsciously suppress.

## Squares of Chiffon Form Petal Frocks



BY CORA MOORE, NEW YORK—So dainty and ingen-

THE BEAUTIFUL PERMANENT WAVE  
Guaranteed for Six months  
Jefferson Hair Store  
Phone 4139

Cuticura Soap  
Will Help You  
Clear Your Skin  
Sole, Olmsted, Talbot, St. Louis, Mo. Dealers  
Sole of Cuticura Soap, Olmsted, Talbot, St. Louis, Mo.

## HIGH HEELS MUST GO—THEY UPSET VENUS, BE SHE ANCIENT OR MODERN

Physician Proposes State Ban On Heels More Than One and One-half Inches High

BOSTON, Mass.—Venus has a new role!  
She plays a leading part in the arguments for the latest reform to be introduced.  
Would Venus have worn high heels had she been given the chance? Nobody knows, but what would happen to a statue of the ancients' model of beauty if it should be given high heels now, was used as an illustration of his point, when Dr. R. Kendrick Smith, of Boston, at the nineteenth annual convention of the Massachusetts Osteopathic Society, explained his advocacy of a bill prohibiting the manufacture, sale or wearing of heels more than one and one-half inches high.

Three-inch props for Venus  
"Put a three-inch prop under the heels of a statue of Venus," said Dr. Smith, "and see what happens. The statue tips forward at an angle of 45 degrees. Because it is inanimate it will fall over. Put three-inch French heels under the feet of a living Venus. She does not fall over because she is alive and is capable, by continuous exertion and great strain, of overcoming the tendency to fall. But the result is flat chest, protruding abdomen, hollow back, falling stomach and the diseases to which these things lead—pulmonary tuberculosis, indigestion, chronic backache and imperfect circulation."

Effective in Five Years  
Dr. Smith said the bill he backs is to be introduced into the Massachusetts state legislature this winter, and it passed will become effective after five years, when present stocks are sold out, during which time the change from high to normal heels may be made gradually.  
"High heels injure the human race just as surely as alcohol," Dr. Smith declares, "but legislatures have not yet dared to enact laws against them."



"Put a three-inch prop under the heels of a statue of Venus and see what happens."

## COMMEMORATE JOY OF DINNER TABLE ROMANCES WITH JEWELLED PLAQUES!

Parisian Custom of Sentiment Brought to New York Restaurant.

BY ZOE BECKLEY

NEW YORK.—Monuments to love awakened at the dinner table!  
And why not?  
We erect memorials to sad things. Why not to glad things? And are not such happy experiences oftentimes begun across the gleaming whiteness of a dinner table? Think back—aren't they?

Would a little golden tablet set with turquoise and graven with a secret word or two, set in the wall just over that little table seem amiss? You know it wouldn't!  
Borrowed From Paris  
That is exactly what they sometimes do in Paris. Some pair of lovers borrowed the idea and transferred it to New York. For years, in three dim, intimate corners of the Cafe des Beaux Arts, have quietly lurked three precious love tablets, in the wall above three special tables dedicated to Romance.

By chance I saw them the other night and wondered what they were. The waiter shook his head. The manager only smiled. But Madame Louis Bustanoby, widow of the genial Frenchman who for years presided over the Beaux Arts and made it sparkle with the indefinable charm of Paris, nodded her small head sympathetically.

"They are love tokens," she said, "placed there in memory of life's most beautiful experience."  
She beckoned me to follow into another part of the restaurant, the formal "Art Room," with a pearl set in gold in the center.

Friendship and Love  
"This one is a friendship plaque from some of our patrons," she smiled, "placed there as a tribute to my husband and me, on his return from two years in France."

Of the "love memorials" placed to commemorate more intimate affairs of the heart, one is of bronze set with a large turquoise and engraved:  
"A. and L.  
"Aure Perennis. XVMIX."  
Madame does not know the names of the couple who placed it there. Or perhaps she just won't tell—

"Anyhow," she says with an understanding smile, "they were a beautiful pair. They came two or three evenings a week for nearly ten years. I know how far the Tombigbee river runs up." The answer came back: "It don't. It runs down." The postmaster general was informed of the affair, and failed to see the humor of it. He wrote a letter to the postmaster that said: "Sir: Your appointment as postmaster is hereby revoked. You will turn over funds, et cetera pertaining to your office to your successor."

In no wise put out, the postmaster once more took up his pen, and the postmaster general received this: "The revenue for this office for the quarter ending Sept. 30 has been 65 cents; its expenditures, same period, for candles and twine, 85 cents. Please instruct my successor to adjust balance."—Detroit News.

Half of the 50,000 babies born in France during 1919 have died, according to a census of the minister of labor.

## SMITH BROTHERS

S. B. COUGH DROPS

Put one in your mouth at bedtime

## Sister Mary's KITCHEN

In the kitchen of her own home Sister Mary cooks daily for a family of four adults. She brought to her kitchen an understanding of the chemistry of cooking gained from study of domestic science in a state university. Consequently the advice she offers is a happy combination of theory and practice. Every recipe she gives is her own, first tried out and served at her family table.

When polishing a door knob or brass handles on drawers, try making a collar of stiff cardboard to fit around the metal where it is fastened to the wood. Scouring powders or creams are not especially good for finely finished woods, but the cardboard acts as a shield and allows one to work with greater freedom, thereby doing a better job.

Menu for Tomorrow  
Breakfast: Soft-boiled eggs, apple sauce, corn muffins, coffee.  
Luncheon: Potato salad, brown bread and butter, fig pudding, tea.  
Dinner: Mock filet mignon, creamed potatoes, buttered carrots, spinach salad, canned peaches, fudge cake, coffee.

My Own Recipes  
Almost any cream sauce is improved by the addition of a little cheese. It's not necessary to make the sauce taste of the cheese, so no one knows there is cheese in it, but just enough to give a richness a trifle unusual.  
POTATO SALAD  
2 cups sliced cooked potatoes  
1 small onion, minced

2 pickled beets  
4 pickled cucumbers  
2 hard-boiled eggs  
4 sardines  
1 teaspoon salt  
1 cup salad dressing.

Remove skin and bones from sardines and break in small pieces. Slice beets, cucumbers and eggs. Mix all ingredients, pour over dressing to make moist. Serve on a bed of lettuce.

FIG PUDDING  
1/2 pound figs  
1/2 cup suet  
1 cup sugar  
2 eggs  
2 1/2 cups baking powder biscuit crumbs  
1 teaspoon salt  
1/2 cup milk  
1 teaspoon baking powder.

Put figs and suet through a food chopper; mix and add sugar, eggs well beaten, crumbs, salt, milk with baking powder dissolved in it; mix thoroughly; turn into buttered mold and steam for three hours. Serve with whipped cream.

Work is a panacea for all ills. Pity the housekeeper who considers the cure worse than the disease!

Mary

## JOB BAROMETER

A want ad survey by editor and publisher reports the number of help and situation wanted advertisements printed by seven representative newspapers in as many cities of the country and compares the figures with those of the corresponding Sunday a year ago.  
On the Sunday in 1919 these seven papers printed 7251 help wanted advertisements. This year the number

was only 4527, a decrease of more than a third.  
In 1919 2221 situation wanted advertisements were inserted. A year later the number had increased to 2319. Here is an excellent reflection of the labor market. More persons want jobs and there are fewer jobs available.  
Such a complication of data relative to want ads is an excellent barometer of employment conditions.—New York World.

## If your Coffee-Pot has boiled too often

If too many cups of coffee have set your stomach and nerves on edge, put the pot on to boil again—

But this time use

## POSTUM CEREAL

in place of coffee

Boil it a full fifteen minutes after boiling starts and you will bring out its rich, satisfying flavor.

The benefit to health will soon be apparent.

"There's a Reason"

Made by  
Postum Cereal Company, Inc.  
Battle Creek, Michigan.



Happy experiences begun across the gleaming whiteness of a dinner table.

## There is no Substitute

for BUTTER

ask for

MARICOPA

the Butter

that's Better



cannot tell you why they come no more."

On another tablet the words are graven:

"Happy Dawn" and the date, "September, 1905."

In its center is a circular opal of lovely color and fire, and, like the others, the plaque is under glass.

Before they are two years old 775 of every 1000 babies in China die.

A Memphis man has invented a cotton picker with a capacity of 700 pounds daily.

Klim is on sale at Selected Stores. There is a store near you. Write us for list.

MERRELL-SOULE COMPANY

315 E. Railroad St.

Flagstaff, Arizona

Send it backwards

KLIM

POWDERED MILK

If you want milk that is pure rich fresh cow's milk, use Klim Powdered Milk.

By using Klim you have no inconvenience of delayed deliveries.

You have no waste through souring. You are free from danger of impurities. You are assured of abundance of milk no matter where you are or when you want it.

Get a can of Klim today.

KLIM

MILK